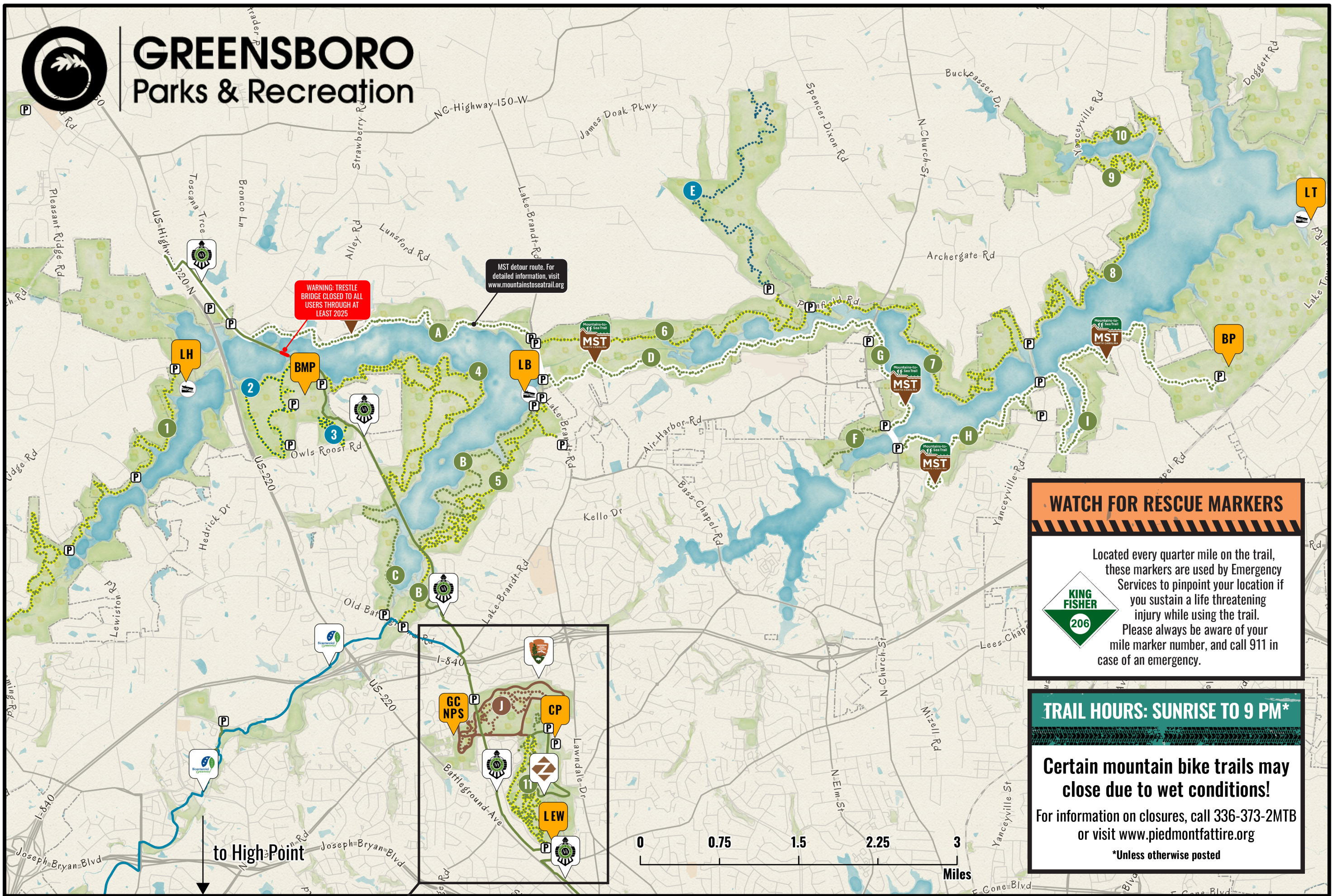




GREENSBORO Parks & Recreation



WATCH FOR RESCUE MARKERS

Located every quarter mile on the trail, these markers are used by Emergency Services to pinpoint your location if you sustain a life threatening injury while using the trail. Please always be aware of your mile marker number, and call 911 in case of an emergency.



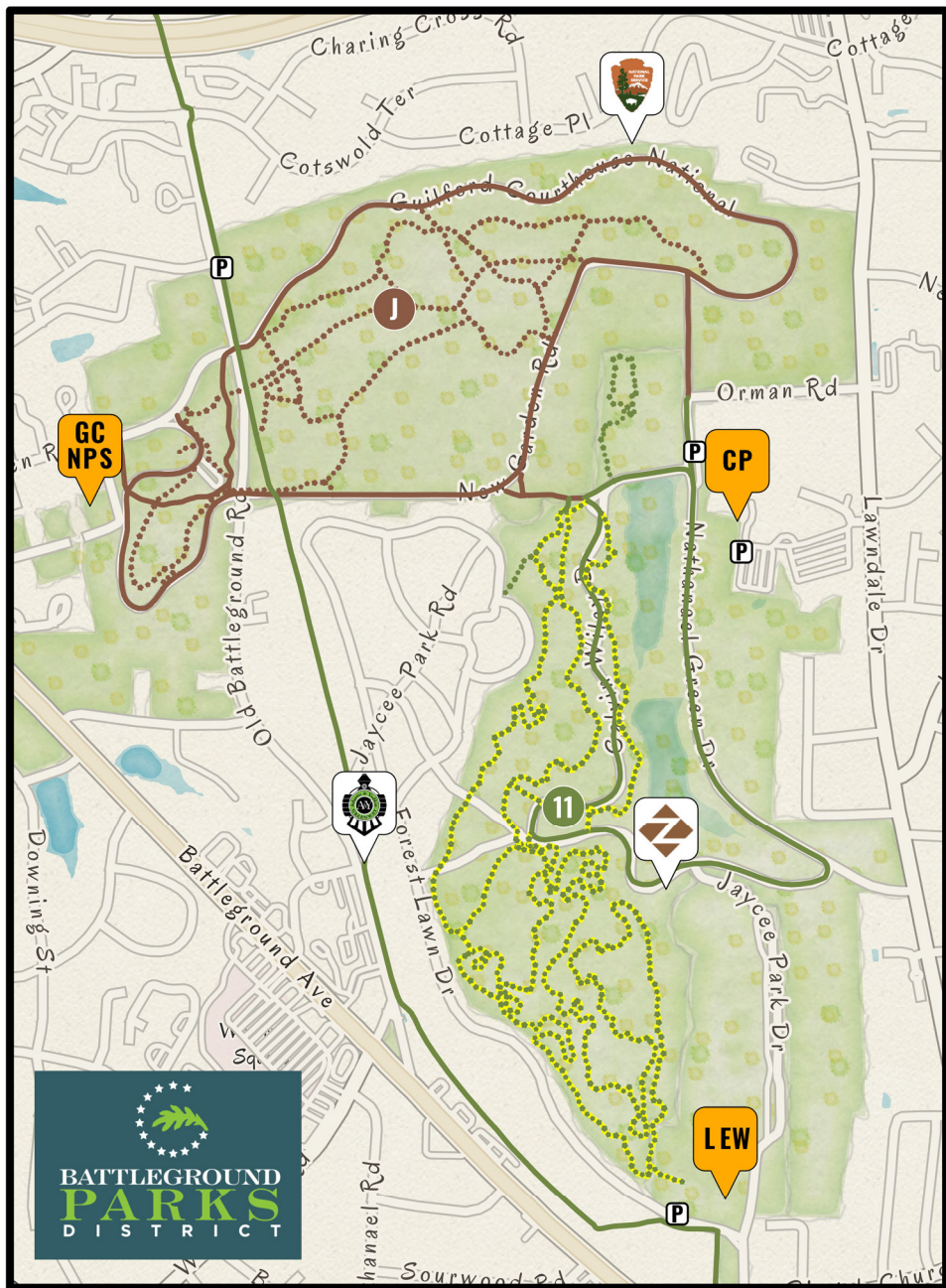
TRAIL HOURS: SUNRISE TO 9 PM*

Certain mountain bike trails may close due to wet conditions!

For information on closures, call 336-373-2MTB or visit www.piedmontfattire.org

*Unless otherwise posted

Battleground Parks District Trails



Greenways are paved surface trails for walkers, runners, bicycles, skateboards, and other non-motorized vehicles (all classes of e-bikes are also allowed on greenways).




Mountain Bike Trails are natural dirt trails designed for mountain bikes but open to hikers (Class 1 e-bikes are allowed).

Hiking Trails are natural dirt trails for pedestrian use only.



Sidewalk and Roads are sometimes used to connect trails and greenways. Use caution!

-  Parks and Watershed Buffers
-  Lakes and Waterways
-  Paddle Access
-  Parking

City of Greensboro Trails

-  Paved Shared Use Greenway
-  Natural Surface Hiking Only
-  Natural Surface Hiking and Biking

Guilford County Trails

-  Paved Shared Use Greenway
-  Natural Surface Hiking Only
-  Natural Surface Hiking and Biking

National Park Service Trails

-  Paved Shared Use Road (Vehicles Permitted)
-  Natural Surface Hiking Only

Paved Shared Use Paths

-  Atlantic & Yadkin Greenway
-  Bicentennial Greenway
-  The Tour Road

Hiking Trails

-  Piedmont Trail
-  Nat Greene Trail
-  Palmetto Trail
-  Laurel Bluff Trail
-  Bill Craft Trail
-  West House Trail

Mountain Biking Trails

-  Crockett Trail
-  Osprey Trail
-  Townsend Trail
-  The Interior Trails
-  NC Mountains-to-Sea Trail

Mountain Biking Trails

-  Bald Eagle Trail
-  Big Loop Trail
-  Little Loop Trail
-  Owls Roost/Shady Side Trails
-  Wild Turkey Trail
-  Reedy Fork Trail

Mountain Biking Trails

-  Blue Heron Trail
-  King Fisher/Swan Song Trails
-  Squirrel Creek Trail
-  Burl Oak Trail
-  Copperhead Trail
-  The Zone

 **BMP** Bur-Mil Park
5834 Bur-Mil Club Road
Greensboro, NC 27410
336-641-2020
www.guilfordcountync.gov/parks


 **CP** Country Park
3905 Nathanael Greene Drive
Greensboro, NC 27455
336-373-3648
www.GSOParksandRec.com

 **LB** Lake Brandt
5945 Lake Brandt Road
Greensboro, NC 27455
336-373-3741
www.GSOParksandRec.com

 **LT** Lake Townsend
6332 Townsend Road
Browns Summit, NC 27214
336-373-3694
www.GSOParksandRec.com

 **LEW** Lewis Recreation Center
3110 Forest Lawn Drive
Greensboro, NC 27455
336-373-3330
www.GSOParksandRec.com

 **BP** Bryan Park
6275 Bryan Park Road
Browns Summit, NC 27214
336-375-2200
www.GSOParksandRec.com

 **GC NPS** Guilford Courthouse National Military Park
2332 New Garden Road
Greensboro, NC 27410
336-288-1776 | www.nps.gov/guco

 **LH** Lake Higgins
4235 Hamburg Mill Road
Summerfield, NC 27358
336-373-3739
www.GSOParksandRec.com

 **LEO** Leonard Recreation Center
6324 Ballinger Road
Greensboro, NC 27410
336-297-4889
www.GSOParksandRec.com

*Restrooms available at park facilities. Hours vary seasonally. Call to confirm.



LuvTrails and want to give back? Greensboro Parks and Recreation and Piedmont Fat Tire Society are partnering with LuvTrails to make it easier for users to give back. Download the LuvTrails App or scan the QR codes to donate.



The Greensboro Mountain Biking Experience supplies you with a bike, helmet, and instructor to teach you how to safely ride our local mountain bike trails! This program is a collaboration between the Piedmont Fat Tire Society and Greensboro Parks and Recreation.



The Piedmont Fat Tire Society is a non-profit dedicated to the promotion and education of mountain biking since 1995. Please consider joining them by becoming a member. Visit www.piedmontfat.tire.org for more info.

Want to get involved?

- Easiest** Beginner Intermediate

The Zone "The Zone" features jumps, berms, rhythm, and whoop sections and is for intermediate and advanced riders only. Helmets are required.

Copperhead Trail **5 miles** The Copperhead Trail dips and twists through the wooded areas of Country Park with its berms and gullies that keep the mountain biking locals coming back for more. Center parking lot.

Burl Oak Trail **1.4 miles** The Burl Oak Trail is the newest beginner trail in our system. This fun, flowy trail is great for riders of all levels and provides lots of lines to help your progression.

Squirrel Creek Trail **1 mile** Squirrel Creek is one of the newest trails in our system. The trail features rock walls and lots of fun, flowy single track. If you are looking for a less technical but equally fun route, take a left onto the Flying Squirrel at the split when coming off Doggett Rd.

Wild Turkey Trail **4.2 miles** This trail runs parallel to the Nat Greene walking trail and can be accessed from the A&Y Greenway just before the south side of the bridge.

Reedy Fork Trail **3.8 miles** Parallel to beautiful Reedy Fork Creek and the backwaters of Lake Townsend, this trail is a great pick for an easy ride or a scenic hike.

Blue Heron Trail **3.5 miles** This trail meanders along the Lake Townsend shoreline and has plenty of fun and flow as it leads you out of the woods and across multiple power line crossings. Mix up your ride or hike by doing the Blue Heron Peninsula trail for more variety and mileage.

Kingfisher/Swan Song Trails **2.5/3.5 miles** These trails offers two different experiences - a quick mile long loop with plenty of flow, and a longer, out and back section that rolls along some of the prettiest views of Lake Townsend. Continue on Swan Song (intermediate) for an additional mile of fun flow and some of the best berms in the City!

Interior Trails **2+ miles** The interior trails are accessible from the Tour Road and the Historic New Garden Rd. Along these trails you will wind through the battlefield and monuments in the interior, and more importantly you will get a feel for the terrain that these soldiers fought on.

Townsend Trail **4 miles** From Yanceyville Rd., this trail continues along the shores of scenic Lake Townsend. The trail traverses through part of the Bryan Park Soccer complex and ends in a shared parking area near South Shore Rd. Restrooms are available in the parking area across South Shore Rd. (weather permitting). Pack a snack and water for this long hike.

Osprey Trail **2.7 miles** The Osprey Trail, beginning from N. Church St., follows the south shore of Lake Townsend. There are many signs of bird life along the trail, including the trail's namesake, the Osprey, a large bird-of-prey who has been known to make its home here.

Crockett Trail **1.4 miles** Beginning on the west side of Church St., across the street and just north of the southern end of the Crockett Trail, the West House Trail meanders along the shores of Lake Townsend and ends at a historic home site known as the West House.

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Crockett Trail **1.4 miles** Previously known as the Peninsula Trail, this is an out and back trail beginning at the trailhead parking lot on N. Church St. and follows a winding peninsula along the back waters of Lake Townsend. Pleasant views of the lake and beautiful leaf colors can be seen in the fall.

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Interior Trails **2+ miles** The interior trails are accessible from the Tour Road and the Historic New Garden Rd. Along these trails you will wind through the battlefield and monuments in the interior, and more importantly you will get a feel for the terrain that these soldiers fought on.

Bill Craft Trail **3.6 miles** Beginning on Lake Brandt Rd., this trail has a wide variety of beautiful mountain laurel grove along Reedy Fork Creek. Ending at the N. Church St. parking lot shared with the Crockett Trail, this one is a local favorite.

Laurel Bluff Trail **3.5 miles** Parallel to the Nat Greene Trailhead on Old Battleground Rd., this trail traverses along the west bank of Lake Brandt's southern arm. Here you will find interesting geological features and a diversity of flora and fauna year round.

Palmetto Trail **1.7 miles** Begins at Old Battleground Rd. and boasts a 200-foot boardwalk. Beautiful views of Lake Brandt can be seen throughout this hike. The trail intersects the A&Y Greenway and finishes at Lake Brandt Marina.

Nat Greene Trail **3.6 miles** Starting near Strawberry Rd. on the A&Y Greenway, this trail travels by blackberries, strawberries, wildflowers, and fallen trees. It's just a short walk over the bridge that crosses Lake Brandt to Bur-Mill Park.

Piedmont Trail **2.9 miles** Beginning on the west side of Church St., across the street and just north of the southern end of the Crockett Trail, the West House Trail meanders along the shores of Lake Townsend and ends at a historic home site known as the West House.

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HIKING ONLY TRAILS

Did you know the North Carolina Mountains-to-Sea Trail runs through Greensboro? Learn more at www.mountaintoseastrail.org

The Battlefield Tour Road gives you a unique opportunity to view the entire battlefield and understand the scope of the battle. There are eight stops with 26 interpretive panels. Please note, this road is open to vehicles as well as bicyclists and pedestrians.

The Bicentennial Greenway is a regional trail running through Guilford County, Greensboro, and High Point. Developed and managed by Guilford County, approximately eight miles of the northern section runs through the City and an additional seven miles run from the Piedmont Environmental Center to Highway 68 in High Point.

The Atlantic & Yadkin Greenway was constructed on the abandoned Atlantic-Yadkin railroad bed. Greensboro's only current Rail Trail provides opportunities to catch a glimpse of nature as well as reach urban destinations. The A&Y provides a scenic alternative transportation route to Battleground Ave. for bicycle and pedestrian commuters.

TRAIL RULES

- No intoxicants on premises, bikes on posted trails, horseback riding, motorized or off-road vehicles (ORVs), smoking, or camping. Pedal assist class 1 electric bikes are permitted on designated mountain bike trails.
- All pets must be on a leash. This is a city ordinance and extends to all Greensboro trails.
- Wear a helmet. All persons 15 years old and under must wear one, and everyone should wear a helmet for their safety.

TRAIL ETIQUETTE

- Pay attention to signs, as some trails are restricted to pedestrians only.
- Be courteous and respectful of other trail users, regardless of their mode of transportation, speed, or skill level.
- Keep right: pass on left. Stay as close to the right-hand side of the trail as is safe, except when passing. Faster traffic is responsible for yielding to slower, oncoming traffic.
- Pass with courtesy and care. Make others aware you are approaching. Be prepared to stop if necessary. Check behind you before you change position on the trail.
- Share the trail. Mountain bikers, runners, and hikers must share multi-use trails. Yield to other bikers who are climbing. Bicyclists always yield to hikers and runners.
- Do not block the trail. When in a group (including pets), use no more than half the trail so that others may pass.
- Leave no trace. Take anything you bring onto the trail back out with you.
- Be quiet on nature trails. To increase your chances of spotting animals, be quiet so as not to scare them away.
- Stay on the trail for your own safety. This will also help protect plants and animals that live near the trail and help keep you from getting lost.
- Use earbuds safely. Wear a bud in just one ear and turn the volume down.

**Greensboro Parks & Recreation Department
Trails & Greenways
336-373-2558**

MOUNTAIN BIKING + HIKING TRAILS

PAVED SHARED USE PATHS

GENERAL TRAIL INFORMATION

Close to 50 miles of trails and greenways exist around the city's three lakes: Lake Higgins, Lake Brandt, and Lake Townsend. These trails are a perfect getaway close to home that provide miles of enjoyment for everyone!

A few notes for an optimal trail experience:

Trails are maintained in a primitive manner. Most are linear, so be prepared to walk out and back along the same path. At the three lake marinas you can also enjoy year-round fishing and boating, as well as kayaking, paddleboarding, and canoeing. Restrooms are available at the marinas and in the parks during regular operating hours. Make sure to plan your trip accordingly by dressing appropriately for the weather. Every trip should include water, a cell phone, and this map! Be aware that parking is limited in some areas.

FIND US ON THE WEB!

www.greensborotrails.org



@GSOParksandRec

Popular trail apps include:

